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emotion, caused by violations of important moral or social standards. A widely held assumption is that painful feelings of shame help people avoid doing wrong, decreasing the likelihood of transgression and impropriety. As it turns out, there is surprisingly little evidence of this inhibitory function of shame. Shame - Psychology Definition - iResearchNet Behavioral Psychology And More Theories About Shame & Guilt Early conceptualizations of shame and guilt claimed that shame was a public
experience (caused by the reactions of others) while guilt was a private experience (caused by internal conflict about morality) (Ausubel, 1955). Why Shame and Guilt Are Functional For Mental Health Scheff’s theory is characterized by is combination of psychoanalytic tradition with symbolic interactionism. Scheff argues that shame is a repressed emotion; we have a tendency not to show our shame so that shame is almost invisible in our western culture. Gershen Kaufman (1980/1992) puts this view it to the
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